

REGULAR ACTIVITIES AT SALTFORD HALL

We set out below all the regular activities we currently have on offer.

The start time quoted is the booked from time and not necessarily the start time of the event

WEEKLY ACTIVITIES

Monday

9.30am	Jazzercise Class	Main Hall
11.00am	Tai Chi Shibashi Class	Main Hall
1.30pm	Saltford Short Mat Bowls	Main Hall
1.30pm	Whist Club	Avon
2.00pm	Saltford Scrabble Club	Kelston
6.30pm	Senior Shuttlers Badminton	Main Hall
6.00pm	Emma Walker Pilates	Wansdyke
8.15pm	Saltford Badminton	Main Hall

Tuesday

9.30am	The Art Group	Kelston
9.30am	Emma Walker Pilates	Avon
10.00am	Tuesday Morning Badminton	Main Hall
11.00am	Core Rehab – Seated Pilates	Avon
1.15pm	The Art Group	Kelston
4.15pm	Time2Share	Avon
6.15pm	Tuesday Evening Badminton	Main Hall
6.30pm	Hatha Yoga Class	Somerset
7.30pm	Saltford Village Choir	Wansdyke
7.30pm	Avon Badminton	Main Hall

Wednesday

9.15am	Phonics with Robot Reg	Avon
9.30am	Wednesday Morning Badminton Group	Main Hall
9.30am	The Art Group	Kelston
11.15am	Betty Burgess Badminton Club	Main Hall
1.30pm	Saltford Short Mat Bowls	Main Hall
4.15pm	Time2Share	Avon
4.45pm	Keyford Dancing School	Wansdyke
4.30pm	Keyford Dancing School	Somerset
5.00pm	Taekwondo Classes	Main Hall
7.00pm	Slimming World	Wansdyke
8.00pm	Saltford Seq & Old Time Dance Club	Main Hall

Thursday

9.30am	Jazzercise Class	Main Hall
9.45am	Music With Mummy	Wansdyke
10.55am	First Steps Soccer	Main Hall
12.00am	Move it or Lose It	Main Hall
2.00pm	Painting for Pleasure	Somerset
6.30pm	Hatha Yoga Class with Corinne	Kelston
6.30pm	Pilates Class	Main Hall
7.00pm	Yoga for Men	Wansdyke

Friday

9.00am	Vitality Pilates	Avon
9.30am	Hatha Yoga Class with Corinne	Wansdyke
10.30am	Saltford Wind Chamber Group	Somerset
1.30pm	Saltford Short Mat Bowls	Main Hall
4.00pm	Perform Dance Company	Avon

Saturday

9.30am	Jazzercise Class	Main Hall
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MONTHLY ACTIVITIES

USUALLY

Last Monday	10.00am	Craft & Natter Club	Kelston
First Tuesday	10.00am	Saltford Ladies Gardening Club	Wansdyke
First Tuesday	2.00pm	Saltford Afternoon WI	Main Hall
Second Tuesday	7.00pm	Saltford Evening WI	Avon
Fourth Tuesday	10.00am	Jo Hill Textiles	Wansdyke
Fourth Tuesday	2.00pm	Saltford & Keynsham Flower Club	Main Hall
First Tuesday	7.15pm	Saltford Parish Council	Avon
2 nd /4 th Wednesday	10.00am	Contemporary Quilters	Wansdyke
Second Wednesday	10.00am	Face2Face Parkinsons	Wansdyke
Second Thursday	7.30pm	Book Club	Somerset
Third Thursday	2.00pm	Motor Neurone Support Group	Avon
Second Friday	9.15am	Orchestra Workshop	Main Hall
Third Friday	10.00am	Saltford Morning WI	Main Hall
Second Friday	7.30pm	Keynsham & Saltford Wine Circle	Somerset

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